



Social Emotional Empowerment Development

Patty Patience

Check - In

1. Get everyone excited to meet Patty Patience.
2. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.

Engage

Choose from any of the 9 scenarios for further discussion::

1. Buckled safely in our seats and being patience in the car.
2. Baby brother patient in the grocery cart.
3. Helping Mom with the child size cart
4. Being patient while Mom puts baby brother down for a nap
5. Helping Mom put away boxes and cans in pantry
6. Mom's on the phone, patiently drawing with baby brother
7. Playing game/singing in car to pass time
8. Waiting in line
9. Going to bed happy and on time

Suggested Vocabulary Words:

What do they mean, what does it look like, how do we FEEL when we are applying them?

1. Patience
2. Behavior

Strategies:

1. Find out if they relate to Patty's examples and in what way.
2. Ask questions (example, has anyone ever took a trip to the grocery store?)

Highlights for further discussion:

1. Healthy eating
2. How can they help out around the house?

Activities to encourage creative thinking/application:

1. Compare/contrast scenarios (which is correct, practicing patience, not practicing patience)
2. How does it feel when we are and are not being patient with others or others being patient with us?

Other Suggestions:

1. Coming up with their own rhyming words/names
2. Pairing up and sharing their goal for the day and accomplishing their goal

Reflect	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Patience Game. 2. How did it feel when someone was patient with us? 3. How did it feel when we were patient with someone else? 4. If everyone was being patient with each other, how could that make our world a better place? 5. Look for ways to apply Patience at home, school , the store, etc. 6. Bring examples back to share, encourage and inspire others and earn stars for your good deeds, just like the StarPals.
<h2 style="color: #0070C0;">Korey Kindness</h2>	
Check - In	<ol style="list-style-type: none"> 1. Get everyone excited to meet Korey Kindness. 2. Ask questions about how they applied Patience and award stars for their accomplishments. 3. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.
Engage	<p>Choose from any of the 9 scenarios for further discussion::</p> <ol style="list-style-type: none"> 1. Make room for someone to have a seat on the bus 2. Calming bully situation and playing kindly together 3. Cleaning room/putting away toys after playtime 4. Kind to Earth, cleaning up litter and recycling 5. Sharing flowers with Mom 6. Softly wiping baby sisters face after dinner 7. Holding open door for someone 8. Being quiet and respectful at dinner 9. Wishing baby sister good night sleep <p>Suggested Vocabulary Words: What do they mean, what does it look like, how do we FEEL when we are applying them?</p> <ol style="list-style-type: none"> 1. Kindness & Respect 2. Treating others the way you want to be treated 3. Bullying vs. Peace Building <p>Strategies:</p> <ol style="list-style-type: none"> 1. Brainstorm book cover 2. Think/Pair/Share ideas how to be kind 3. Ask questions throughout book 4. Demonstrations/personal connections 5. On chart write Kindness, brainstorm, each student says something <p>Highlights for further discussion:</p> <ol style="list-style-type: none"> 1. Not only kind to people but also to Earth 2. Bullying vs. Kindness <p>Activities to encourage creative thinking/application:</p> <ol style="list-style-type: none"> 1. Cut & Paste magazine pictures, collage 2. Write out reflection/charades, skit groups <p>Other Suggestions:</p> <ol style="list-style-type: none"> 1. Showing examples with staff 2. Push students to do more 3. Practice outside of classroom, lunch room etc.

Reflect	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Kindness Game. 2. How did it feel when someone was kind to us? 3. How did it feel when we were kind to someone else? 4. If everyone was being kind with each other, how could that make our world a better place? 5. Look for ways to apply kindness at home, school, the store, etc. 6. Bring examples back to share, encourage and inspire others, & earn stars for your good deeds, just like the StarPals.
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	Haley Humble
Check - In	<ol style="list-style-type: none"> 1. Get everyone excited to meet Haley Humble. 2. Ask questions about how they applied Kindness and award stars for their accomplishments. 3. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.
Engage	<p>Choose from any of the 9 scenarios for further discussion::</p> <ol style="list-style-type: none"> 1. Helping cousin study for math test 2. Congratulating her for earning an A 3. Planting tree and appreciating the Earth 4. Wining poster contest & quietly placing announcement in scrapbook 5. Teamwork with cousin, helping Mom wash dishes 6. Helping Dad clean garage 7. Finding toys no longer use 8. Giving toys to another child 9. Playing StarPals board game to practice virtues <p>Suggested Vocabulary Words: What do they mean, what does it look like, how do we FEEL when we are applying them?</p> <ol style="list-style-type: none"> 1. Humble 2. Appreciation <p>Strategies:</p> <ol style="list-style-type: none"> 1. Ask what humble means, ask for examples 2. After every scenario ask what is going on/what happened? 3. What did you learn from the book/were you humble this week? 4. Share own experience <p>Highlights for further discussion:</p> <ol style="list-style-type: none"> 1. Finding a study partner 2. Further more in plants (science), cleaning up the classroom or home <p>Activities to encourage creative thinking/application:</p> <ol style="list-style-type: none"> 1. Campus beautification 2. Writing Activity <p>Other Suggestions:</p> <ol style="list-style-type: none"> 1. Acting out scenarios 2. Helping each other with homework 3. Extend humbleness at home or school

Reflect	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Humble Game. 2. How did it feel when someone was humble with us? 3. How did it feel when we were humble with someone else? 4. If everyone was being humble with each other, how could that make our world a better place? 5. Look for ways to apply humbleness at home, school, the store, etc. 6. Bring examples back to share, encourage and inspire others, & earn stars for your good deeds, just like the StarPals.
	Tommy Truth
Check - In	<ol style="list-style-type: none"> 1. Get everyone excited to meet Tommy Truth. 2. Ask questions about how they applied Humbleness and award stars for their accomplishments. 3. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.
Engage	<p>Choose from any of the 9 scenarios for further discussion::</p> <ol style="list-style-type: none"> 1. Conserving water after playtime 2. Being honest about snacks, being health conscious 3. Brushing teeth before bedtime 4. Accidentally wet bed, ask for help 5. Broke window when at play, being responsible & pay to fix it. 6. Finding money and asking who it belongs to 7. Finish homework, celebrate by playing basketball with Dad 8. Being honest during a contest 9. Being responsible to Earth when noticing a smoldering fire after camp <p>Suggested Vocabulary Words: What do they mean, what does it look like, how do we FEEL when we are applying them?</p> <ol style="list-style-type: none"> 1. Accidentally 2. Honesty <p>Strategies:</p> <ol style="list-style-type: none"> 1. Whoever gets the most stickers will be line leader <p>Highlights for further discussion:</p> <ol style="list-style-type: none"> 1. We can highlight that page in the book where the child had an accident <p>Activities to encourage creative thinking/application:</p> <ol style="list-style-type: none"> 1. Students will act out a story from the book 2. Write about their favorite part of the book and draw a picture of how or what they saw in the book
Reflect	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Honesty Game. 2. How did it feel when someone was honest with us? 3. How did it feel when we were honest with someone else? 4. If everyone was being honest with each other, how could that make our world a better place? 5. Look for ways to apply honesty at home, school, the store, etc. 6. Bring examples back to share, encourage and inspire others, & earn stars for your good deeds, just like the StarPals.

<h2>Shari Sharing</h2>	
Check - In	<ol style="list-style-type: none"> 1. Get everyone excited to meet Shari Sharing. 2. Ask questions about how they applied Honesty and award stars for their accomplishments. 3. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.
Engage	<p>Choose from any of the 9 scenarios for further discussion::</p> <ol style="list-style-type: none"> 1. Show and Tell 2. Walking home sharing friendship 3. Sharing personal things you cherish with others 4. Sharing the love of taking care of animals 5. Planting pretty flowers and sharing beauty 6. Creating fun experiences with puppet show 7. Drawing something nice for Mom, Dad or siblings 8. Sharing on the playground when it is busy 9. Writing to a friend and sharing highlights of your life <p>Suggested Vocabulary Words: What do they mean, what does it look like, how do we FEEL when we are applying them?</p> <ol style="list-style-type: none"> 1. Sharing 2. Caring (nature) <p>Strategies:</p> <ol style="list-style-type: none"> 1. Start with simple question before reading? 2. Personal examples <p>Highlights for further discussion:</p> <ol style="list-style-type: none"> 1. Have any of the students done anything mentioned in the book? 2. How does it relate to you? (meaning) <p>Activities to encourage creative thinking/application:</p> <ol style="list-style-type: none"> 1. Puppet show or Treasure Hunt 2. Growing plant (garden)
Reflect	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Sharing Game. 2. How did it feel when someone was sharing with us? 3. How did it feel when we were sharing with someone else? 4. If everyone shared with each other, how could that make our world a better place? 5. Look for ways to apply sharing at home, school , the store, etc. 6. Bring examples back to share, encourage and inspire others, & earn stars for your good deeds, just like the StarPals.

<h2>Tobey Thankful</h2>	
Check - In	<ol style="list-style-type: none"> 1. Get everyone excited to meet Tobey Thankful. 2. Ask questions about how they applied Sharing and award stars for their accomplishments.

	<ol style="list-style-type: none"> 3. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.
<p>Engage</p>	<p>Choose from any of the 9 scenarios for further discussion::</p> <ol style="list-style-type: none"> 1. Treasure Chart full of stars 2. Rewarding accomplishments of good deeds with something creative 3. Writing a thank you note to others who inspire you 4. Using talent and gifts to help others 5. Saving money and giving to charity 6. Being thankful for Mother Earth and a beautiful day 7. Celebrating fundraising efforts and giving big check to charity 8. Taking turns sharing what we are thankful for with family 9. Before bedtime, reflecting on what we are thankful for each night <p>Suggested Vocabulary Words: What do they mean, what does it look like, how do we FEEL when we are applying them?</p> <ol style="list-style-type: none"> 1. Thankful 2. Charity <p>Strategies:</p> <ol style="list-style-type: none"> 1. Present: Thankful - Define the word thankful 2. Describe what it is to be thankful- read a book about being thankful 3. Personal example of being thankful - debrief - ask open ended questions 4. Pair into two & have them share what they are thankful for & why <p>Highlights for further discussion:</p> <ol style="list-style-type: none"> 1. Personal example 2. Open ended questions 3. Group discussion <p>Activities to encourage creative thinking/application:</p> <ol style="list-style-type: none"> 1. Acting it out (skit) 2. Show & tell <p>Other Suggestions:</p> <ol style="list-style-type: none"> 1. Rewarding for showing virtue
<p>Reflect</p>	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Thankful Game. 2. How did it feel when someone was being thankful with us? 3. How did it feel when we were thankful to someone else? 4. If everyone was being thankful with each other, how could that make our world a better place? 5. Look for ways to apply being thankful at home, school , the store, etc. 6. Bring examples back to share, encourage and inspire others, & earn stars for your good deeds, just like the StarPals.
	<p>Lively Love</p>
<p>Check - In</p>	<ol style="list-style-type: none"> 1. Get everyone excited to meet Lively Love. 2. Ask questions about how they applied Thankfulness and award stars for their accomplishments.

	<p>3. Ask all to pay CLOSE attention because we are going to have quizzes along the way and potentially earn stars for our chart.</p>
<p>Engage</p>	<p>Choose from any of the 9 scenarios for further discussion::</p> <ol style="list-style-type: none"> 1. Creative playtime: draw, color, crafts, bake with Mom 2. Time with nature, appreciating the trees, birds singing, bees buzzing 3. Sharing & listening with family about what we love 4. Collaborating with others to make the world a better place 5. Giving healthy food and drink to our body 6. Listening and appreciating the sounds of nature while we fall asleep 7. Imagination and creativity with friends 8. Hop, skip, laugh and sing with family and friends 9. Dream big about what we would love to do and find something every day that works toward that goal. <p>Suggested Vocabulary Words: What do they mean, what does it look like, how do we FEEL when we are applying them?</p> <ol style="list-style-type: none"> 1. Love (how to incorporate it) 2. Global <p>Strategies:</p> <ol style="list-style-type: none"> 1. Quiz them on important facts of the book 2. Word wall (dictionary) <p>Highlights for further discussion:</p> <ol style="list-style-type: none"> 1. Livey Love make a natural health drink. 2. How can you make something healthy? 3. What are your favorite fruits and veggies? <p>Activities to encourage creative thinking/application:</p> <ol style="list-style-type: none"> 1. Bring something they love to class 2. Student will write a letter to someone in the army, airforce, etc. to show their love
<p>Reflect</p>	<ol style="list-style-type: none"> 1. Share how fun it is to find creative ways to play the Love Game. 2. How did it feel when someone sharing love with us? 3. How did it feel when we were sharing love with someone else? 4. If everyone was being loving with each other, how could that make our world a better place? 5. Look for ways to apply love at home, school, the store, etc. 6. Bring examples back to share, encourage and inspire others, & earn stars for your good deeds, just like the StarPals.